



# MalleoTrain®

ACTIVE SUPPORT FOR RELIEF AND STABILIZATION OF THE ANKLE JOINT



Pads individually contoured to the inner and outer malleolus

## Indications

- Chronic, post-operative and post-traumatic irritation (e.g. after sprains)
- Osteoarthritis and arthritis, joint effusions and swelling
- Tendomyopathies
- Ligament insufficiency
- Early functional / conservative treatment
- Relapse prevention

## Features

- Highly elastic knit made from breathable material ensures effective compression and excellent wearing comfort.
- Two viscoelastic pads at the malleoli, anatomically shaped and aligned.
- Compression-reduced edges divert pressure at the ends of the support.
- Secure fit through the anatomical knit and lined pads.
- Donning aid included

## Mode of action

- Graduated compression promotes the reabsorption of edema, effusions and hematomas.
- The pad redistributes compression away from the prominent malleoli to the surrounding soft tissues.
- Intermittent compression is exerted during movement to promote circulation via the joint capsule and tendon insertions.
- Effects on sensomotory function support active stabilization of the ankle.



Size	1	2	3	4	5	6	Order no.
Ankle circumference in cm	17-19	19-21	21-23	23-25	25-27	27-29	1101110 20*0+0°

■ \*1 = nature ■ \*7 = black ■ \*8 = titan +6 = right, +7 = left, ° = size

**Custom-made solution:** Please find the exact measuring points on our detailed measuring block. Custom-made solutions in nature and titan.